

The 52nd Albany County Kiwanis Cross Country Meet

Dear Coaches,

The **Albany County Kiwanis XC Meet** has been a fall tradition for over 50 years now. We hope you join us for the 52nd edition of this fall classic sponsored by The Albany Kiwanis Club. The meet will return to **Colonie Mohawk River Park**, after a five-year hiatus, where it was previously held for 21 years (1997-2018). Beginning this year, the Varsity Boys race will be renamed the *Ed Springstead Championship* in honor of the Shaker HS coaching legend. The date has been set for **Friday, October 18th, 2024**. Course maps are in a separate document.

We will be scoring the meet using Lisa Papparone. Please send your registration fee (**\$75/gender team or \$150/program**) to Keith Weiss at Shaker High School (445 Watervliet Shaker Rd, Latham, NY 12110). Keith and Dan Bruton have generously offered to secure the park, mark the course, rent Port-a-Johns, and coordinate course marshals on the day of the event. I am taking care of the awards.

Schools from the Suburban Council are asked to use your bibs from the Dual Meet season. All other schools will receive bibs on the day of. Thanks!

-Andrew Rickert, Bethlehem Boys XC

Please Enter Your Team Rosters at ny.milesplit and mail your entry fee by Friday, 10/11.

Feel free to contact Andrew Rickert if you have any questions.

arickert@bethlehemschools.org or 518-248-8329

AWARDS:

Frosh Boys and Girls

Trophy to individual winner

Medals to Places 2-10

NEW FOR 2024: T-shirts to 7 members of 1st and 2nd place teams

JV Boys and Girls

Trophy to individual winner

Medals to Places 2-10

NEW FOR 2024: T-shirts to 7 members of 1st and 2nd place teams

Varsity Boys and Girls

Trophy to individual places 1-5

Medals to Places 6-15

NEW FOR 2024: T-shirt to 7 members of 1st and 2nd place teams

ADK Kettle Korn will be on-hand as usual!

****A concession stand will be available for food and drink purchases****

Meet Schedule: Plan accordingly when scheduling your buses.

3:20pm – Coaches Meeting

3:40pm – Frosh Boys (1.71 miles)

3:55pm – Frosh Girls (1.71 miles)

4:10pm – JV Boys (2.54 miles)

4:12pm – JV Girls (2.54 miles)

4:40pm – *Ed Springstead* Varsity Boys Championship (2.54 miles)

5:10pm – Varsity Girls (2.54 miles)

5:45pm – AWARDS presented by the Albany Kiwanis

**If weather is inclement – Individual awards will be handed out in the chutes.

Starting Box # School

12 Albany Academy

1 Albany

3 Berne-Knox-Westerlo

4 Bethlehem

9 CBA-Albany

11 Cohoes

5 Colonie

8 Guilderland

10 Holy Names

6 Ravena-Coeymans-Selkirk

13 Shaker

2 Voorheesville

7 Watervliet

Additional notes about Colonie Mohawk River Park:

(AKA Colonie Town Park): 71 Schermerhorn Road, Cohoes, NY 12047

TBA

- Bus Drivers can park and remain on-site. NO PARKING ON GRASS.
- Please clean up your Team Area before leaving. **Carry In – Carry Out.**
- The course will have several course marshals and be marked with painted arrows and flags.