

ANNOUNCING THE 10THANNUAL <u>WARRIOR TRACK CLASSIC</u>



SATURDAY, APRIL 22ND, 2017 AT 9:15 AM NISKAYUNA HIGH SCHOOL

HTTP://WWW.NISKYTRACK.ORG

You and your team are cordially invited to the Tenth Annual Warrior Track Classic Invitational. This co-ed meet will have plenty of competition to give you and your team a good idea of the early season form of your athletes. Teams from all across the Northeast are receiving invitations to this meet. We will be accepting the first 20-25 squads who express interest.

DATE: April 22, 2017

TIME: 9:15 AM

WHERE: Niskayuna High School

Athletes: This is a co-ed meet.

Facility: The track is a 6 lane all-weather facility. Bathroom facilities are available at the

track. Blocks will be provided. Please use ¼" spikes only if they are recessed. 3/16" spikes are fine whether recessed or not. We hope to have a trainer on site. There will be a concession stand available for your athletes. T-Shirts will be on sale for

\$20.

Format: Each school is allowed 3 entries per event and one relay.

Entries: We will be using Hy-Tek Meet Manager and results will be posted on line at the

conclusion of the meet. All entries must be input into a Milesplit account by Thursday, April 20th. We will also be using FAT. Make sure your athletes stay away from the finish area to avoid interference with the timing system.

Scratches ONLY may be made up until 8:30 AM the day of the meet.

Rules: National Federation rules will be applied. The New York State jewelry rule will

also be in effect.

Scoring: 10-8-6-4-2-1 in both individual events and relays.

Awards: Top 6 in each event will receive custom medals. Team trophies to the top 3 boys

and girls teams.

Fees: \$140 for a single gender school, \$200 for co-ed teams. Single entries are accepted

at \$12 each. If you entered relays for the Medley Relay Challenge on April 21, 2017 the total fee will be \$170 for a single gender squad or \$250 for a co-ed team. The fee should be made payable to Niskayuna High School Booster Club and sent to:

Niskayuna High School c/o Jason DeRocco 1626 Balltown Road Niskayuna, NY 12309

Officials: We hope to have 10 certified officials for this meet.

Any questions??? You may call Jason DeRocco at 518-423-7511 or email to jderocco@niskyschools.org.

Meet Website: http://www.niskytrack.org

ORDER OF EVENTS \$ATURDAY, APRIL 22, 2017

FIELD EVENTS BEGIN AT 9:15 am

ALL EVENTS ARE FLIGHTED WITH 3 JUMPS OR THROWS

The top 7 in each event will advance to the finals and receive 3 more attempts.

TIMES ARE APPROXIMATE AND WILL BE MOVED UP AS MUCH AS POSSIBLE.

9:15 am
GIRLS TRIPLE JUMP
BOYS LONG JUMP
GIRLS SHOT PUT
BOYS DISCUS
BOYS HIGH JUMP (STARTING HEIGHT 5' 0" INCREMENTS OF 3" UNTIL 5' 6"
THEN UP BY 2")
GIRLS POLE VAULT (STARTING HEIGHT 6' 6" INCREMENTS OF 6")

The following events will be begin as soon as possible after the above events have been concluded:

GIRLS LONG JUMP
BOYS TRIPLE JUMP
GIRLS DISCUS
BOYS SHOT PUT
GIRLS HIGH JUMP (STARTING HEIGHT 4' 0" INCREMENTS OF 3" UNTIL 4' 6"
THEN UP BY 2")
BOYS POLE VAULT (STARTING HEIGHT 9' 0" INCREMENTS OF 6")

TRACK EVENTS BEGIN AT 9:30 am (EVENTS NOT NECESSARY WILL BE SCRATCHED). TIMES ARE APPROXIMATE, MEET WILL MOVE AHEAD OF SCHEDULE WHEREVER POSSIBLE.

PRELIMINARIES

9:30 am: BOYS 110 METER HURDLE SEMI-FINALS

GIRLS 100 METER HURDLE SEMI-FINALS

GIRLS UNSEEDED 3000 METERS BOYS UNSEEDED 3000 METERS

GIRLS 100 METER DASH SEMI-FINALS BOYS 100 METER DASH SEMI-FINALS GIRLS UNSEEDED 1500 METERS (sections) BOYS UNSEEDED 1500 METERS (sections) GIRLS 200 METER DASH SEMI-FINALS BOYS 200 METER DASH SEMI-FINALS

FINALS AND NATIONAL ANTHEM

ALL SECTIONS WILL BE RUN SLOW TO FAST

GIRLS 4 X 800 RELAY (sections)

BOYS 4 X 800 RELAY (sections)

GIRLS 100 M HH FINALS

GIRLS 100 M DASH FINALS

GIRLS SEEDED 1500 M RUN

GIRLS 4 X 100 RELAY (sections)

GIRLS 400 M DASH (TIMED FINAL)

BOYS 110 M HH FINALS

BOYS 100 M DASH FINALS

BOYS 100 M DASH FINALS

BOYS 4 X 100 RELAY (sections)

BOYS 4 X 100 RELAY (sections)

GIRLS 400 M IH (TIMED FINAL)

GIRLS 800 M RUN (sections)

GIRLS 200 M DASH FINALS

GIRLS SEEDED 3000 M RUN

BOYS 400 M IH (TIMED FINAL)

BOYS 800 M RUN (sections)

BOYS 200 M DASH FINALS

BOYS SEEDED 3000 M RUN

GIRLS 4 X 400 RELAY (sections) BOYS 4 X 400 RELAY (sections)

Warrior Track and Field Classic Boys Meet Records

EVENT 100 Meters	NAME Kevon Boucaud	SCHOOL Amsterdam	MARK 11.12	DATE 4/16/2016
200 Meters	Izaiah Brown	Amsterdam	22.40	4/20/2013
400 Meters	Izaiah Brown	Amsterdam	49.02	4/20/2013
800 Meters	Dan Wolfhanger	New Hartford	1:58.3h	4/19/2008
1500 Meters	Noah Affolder	Carthage	4:02.84	4/16/2016
3000 Meters	Andrew Tario	Averill Park	8:50.81	4/20/2013
110 Hurdles	Shane Wagner	Schuylerville	14.4h	4/18/2009
400 Hurdles	Shane Wagner	Schuylerville	55.8h	4/18/2009
400 Relay	Williams, Flores Farmer, Moore	Kingston	43.84	4/18/2015
1600 Relay	Graveley, Fernandez Maldonado, Brown	Amsterdam	3:27.88	4/18/2015
3200 Relay	Becker, Hines Lopez, Trowbridge	Kingston	8:09.37	4/16/2016
High Jump	Keilan McMillan-Moss	Schenectady	6' 4"	4/21/2012
Pole Vault	Nick Gerardi	Queensbury	14' 9"	4/18/2009
Long Jump	Omahri Sturdivant	Amsterdam	21' 7.25"	4/18/2015
Triple Jump	Omahri Sturdivant	Amsterdam	46' 2.5"	4/16/2016
Shot Put	Rudy Winkler	Averill Park	51' 5.75"	4/16/2011
Discus	Rudy Winkler	Averill Park	173' 0"	4/16/2011

Warrior Track and Field Classic Girls Meet Records

EVENT 100 Meters	NAME Brenda Santana	SCHOOL Amsterdam	MARK 12.70	DATE 4/16/2016
200 Meters	Ihiechi Ohia-Enyia	Saunders	25.2h	4/19/2008
400 Meters	Heidy Palacios	Saunders	57.2h	4/19/2008
800 Meters	Julia Flower	Schalmont	2:18.43	4/16/2016
1500 Meters	Julia Flower	Schalmont	4:33.51	4/16/2016
3000 Meters	Julia Flower	Schalmont	10:08.69	4/18/2015
100 Hurdles	Nikari Carota	Queensbury	15.65	4/20/2013
400 Hurdles	Emma Hayes	Queensbury	66.99	4/18/2015
400 Relay	Eaton, Thompson Ohia-Enyia, Palacios	Saunders	51.5h	4/19/2008
1600 Relay	Graveley, Fernandez Maldonado, Brown	Amsterdam	4:10.74	4/16/2016
3200 Relay	Cummings, Mahoney Smith, Vetter	Saratoga	9:35.27	4/12/2014
High Jump	Sarah Palmer	Schuylerville	5' 6"	4/18/2009
Pole Vault	Alana Carroll	Averill Park	10' 9"	4/16/2016
Long Jump	Nastasja Johnston	Columbia	17' 6.75"	4/12/2014
Triple Jump	Cora Butler	New Paltz	36'7"	4/20/2013
Shot Put	Valarie Hinds	Kingston	40' 6.5"	4/18/2015
Discus	Caysie Capano	Troy	130' 7"	4/21/2012

Warrior Track Classic Co-Ed Invitational Saturday, April 22, 2017

School Name				
Coach's Name				
Address				
Phone	Fax			
E-Mail				
Please check one:				
Yes, we will part	icipate in the Wo	ırrior Track Classic		
No, we won't be	participating, bu	ut keep us on the mail list		
No, we won't be	participating, pl	ease remove from mail list		
Please mail intention sheet w	ith check payab	le to Niskayuna High School Booster		
	Niskayuna HS Jason DeRocco 1626 Balltown Road Niskayuna, NY 12309			
	EMAIL: jderoco	co@niskyschools.org		
PLEASE MAIL OR E-MAIL TH APRIL 20, 2017.	HIS FORM WITH	PROPER PAYMENT BY		
Fees: Warrior Track Classic only:	Coed \$200	Single Gender \$140		
Classic and Medley Relays:	Coed \$250	Single Gender \$170		