**VARSITY BOYS**

 **3000 Meter Steeplechase**

**1 Jared Craw Colonie 10:19.8**

**2 Darnell Douglas Bethlehem 10:24.9**

**3 Issac Menis Schenectady 10:26.5**

**4 Joseph Marchese LaSalle 10:38.0**

**5 Skyler Reed Gloversville 11:11.8**

**6 Noah Bonesteel Averill Park 11:17.0**

 **400 Meter Relay**

**1 Bethlehem Zigrosser, Xie, Rappazzo, Smith 43.5**

**2 Schenectady 44.0**

**3 Colonie 45.5**

**4 Amsterdam 45.7**

**5 Lansingburgh 46.0**

**6 Mohonasen 46.7**

 **800 Meter Relay**

**1 Bethlehem Zigrosser, Xie, Rappazzo, Naumovitz 1:31.2**

**2 Schenectady 1:31.3**

**3 Colonie 1:35.3**

**4 Amsterdam 1:35.6**

**5 Mohonasen 1:36.2**

**6 Cobleskill 1:38.8**

 **1600 Meter Relay**

**1 Colonie Shaw, Rafferty, Craw, Tucker 3:38.7**

**2 Schenectady 3:40.0**

**3 Cobleskill 3:44.3**

**4 Amsterdam 3:45.1**

**5 Fonda 3:58.0**

**6 LaSalle 3:58.**

 **3200 Meter Relay**

**1 Columbia Donohue, Kromer, Gatchell, Scott 8:57.4**

**2 Mohonasen 8:58.2**

**3 Averill Park 8:58.7**

**4 LaSalle 9:01.1**

**5 Bethlehem 9:08.2**

**6 Fonda 9:24.8**

 **3 x 110 Meter Hurdles Relay**

**1 Bethlehem Andres, Melas, Gregory 54.2**

**2 Mohonasen 55.4**

**3 LaSalle 55.6**

**4 Fonda 57.1**

**5 C.B.A. 62.6**

 **3 x 400 Meter Hurdles Relay**

**1 Fonda Viscosi, Pearce, Hesch 3:26.9**

**2 Mohonasen 3:31.6**

**3 Cohoes 3:36.9**

 **Sprint Medley Relay**

**1 Colonie Rafferty, Shaw, Spiak, Tucker 3:50.4**

**2 Cobleskill 3:53.3**

**3 Amsterdam 3:53.8**

**4 Bethlehem 3:57.8**

**5 Mohonasen 3:58.5**

**6 Schenectady 4:00.0**

 **Distance Medley Relay**

**1 Bethlehem Fiske, Colonno, Quackenbush, Manley 11:40.8**

**2 Columbia 11:57.5**

**3 Catholic Central 12:08.3**

**4 Fonda 12:09.6**

**5 Mohonasen 12:17.2**

**6 C.B.A. 12:19.8**

 **High Jump**

**1 Columbia Weinstein, Zwanka 11’ 9”**

**2 LaSalle 11’ 0”**

**3 Mohonasen 10’ 9”**

**4 Bethlehem 10’ 3”**

**5 Schenectady 10’ 0”**

**6 Fonda 9’ 6”**

 **Pole Vault**

**1 Bethlehem Williams, Schoenblum 24’ 0”**

**2 LaSalle 19’ 6”**

**3 Amsterdam 19’ 0”**

**4 Columbia 17’ 6”**

**5 C.B.A. 16’ 0”**

**6 Fonda 10’ 0”**

**6 Schenectady 10’ 0”**

 **Long Jump**

**1 Columbia Weinstein, Zwanka 37’ 8 ½”**

**2 Bethlehem 37’ 0 ¾ “**

**3 Lansingburgh 34’ 0 ¾ “**

**4 Schenectady 33’ 11”**

**5 Mohonasen 33’ 10”**

**6 Fonda 33’ 1 ¾”**

 **Triple Jump**

**1 Columbia Weinstein,Adadjo 82’ 2”**

**2 Bethlehem 75’ 7 ½ “**

**3 Gloversville 66’ 9 ½”**

**4. Albany 66’ 7”**

**5 Fonda 64’ 8 ½**

**6 Mohonasen 63’ 5”**

 **Shot Put**

**1 Averill Park Mills, Bond, Cocca 120’ 6”**

**2 Mohonasen 109’ 8 ½”**

**3 Fonda 109’ 2 ½”**

**4 Schenectady 108’ 6 ½”**

**5 Bethlehem 107’ 5”**

**6 Columbia 103’ 9 ½”**

 **Discus**

**1 Averill Park Mills, Bond, Cocca 361’ 0 “**

**2 Bethlehem 309’ 10”**

**3 Fonda 296’ 9”**

**4 Cobleskill 286’ 5”**

**5 Columbia 278’ 5”**

**6 Mohonasen 270’ 5”**

**VARSITY GIRLS**

 **2000 Meter Steeplechase**

**1 Kathryn Tenney Colonie 7:30.7**

**2 Faith Borkowski Colonie 8:46.9**

**3 Molly Kane Columbia 8:49.3**

**4 Molly Bogardus Bethlehem 9:06.0**

**5 Taylor Roddy Bethlehem 9:28.6**

**6 Hannah Lewis Fonda 9:38.3**

 **400 Meter Relay**

**1 Schenectady Roberts, Murray, Davis Whyte 50.4**

**2 Colonie 51.2**

**3 Cohoes 52.7**

**4 Amsterdam 54.0**

**5 Lansingburgh 54.1**

**5 Bethlehem 54.4**

 **800 Meter Relay**

**1 Amsterdam Santana, Beekman, Santiago, Stanavich 1:44.6**

**2 Colonie 1:46.8**

**3 Schenectady 1:47.5**

**4 Bethlehem 1:48.2**

**5 Averill Park 1:48.7**

**6 Columbia 1:53.**

 **1600 Meter Relay**

**1 Amsterdam Santana, Santiago, Stanavich, Lazarou 4:01.9**

**2 Colonie 4:07.5**

**3 Cohoes 4:15.6**

**4 Holy Names 4:26.2**

**5 Fonda 4:31.5**

**6 Gloversville 4:33.8**

 **3200 Meter Relay**

**1 Bethlehem S. Vener, Smith, Meek, Tobias-Wallingford 10:28.2**

**2 Amsterdam 10:44.9**

**3 Columbia 10:48.4**

**4 Cobliskill 10:53.8**

**5 Averill Park 11:03.5**

**6 Saratoga 11:03s.9**

 **3 x 100 Meter Hurdles Relay**

**1 Averill Park F. Carroll, A. Carroll, Glanton 53.2**

**2 Fonda 54.7**

**3 Columbia 55.4**

**4 Schenectady 55.6.**

**5 Colonie 56.6**

**6 Gloversville 57.9**

 **3 x 400 Meter Hurdles Relay**

**1 Fonda Rhodes,Capparello, Shirley 4:01.1**

**2 Columbia 4:02.3**

**3 Colonie 4:14.5**

**4 Albany 4:33.0**

 **Sprint Medley Relay**

**1 Amsterdam Santiago, Stanavich, Santana, Lazarou 4:14.2**

**2 Holy Names 4:29.2**

**3 Schenectady 4:32.5**

**4 Bethlehem 4:39.6**

**5 Averill Park 4:41.2**

**6 Cohoes 4:41.4**

 **Distance Medley Relay**

**1 Bethlehem Roeder, Abbot, Maney, Hodge 13:10.7**

**2 Colonie 13:24.5**

**3 Columbia 14:03.5**

**4 Cobleskill 14:14.8**

**5 Schenectady 14:27.9**

**6 Holy Names 14:34.2**

 **High Jump**

**1 Columbia Zwanka, Golden 9”3“**

**2 Fonda 9’ 3”**

**2 Bethlehem 9’ 3”**

**4 Amsterdam 9’ 2”**

**4 Cobleskill 9’ 2”**

**6 Holy Names 8’ 9”**

 **Pole Vault**

**1 Averill Park F.Carroll, A. Carroll, 20”0” MR**

**2 Saratoga 16’ 6”**

**3 Holy Names 7’ 0“**

**3 Fonda 7’ 0”**

**5 Cobleskill 6’ 6”**

 **Long Jump**

**1 Bethlehem Cooper, Wilkins 31’ 4”**

**2 Columbia 30’ 4 ½“**

**3 Fonda 30’ 4”**

**4 Amsterdam 28’ 5”**

**5 Averill Park 27’ 4½”**

**6 Schenectady 27’ 1¼ “**

 **Triple Jump**

**1 Columbia Zwanka, Epebinuade 65’ 8”**

**2 Schenectady 65’ 2”**

**3 Fonda 64’ 8 ½”**

**4 Bethlehem 61’ 6 ½“**

**5 Gloversville 57’ 7 ½”**

**6 Holy Names 55’ 10½”**

 **Shot Put**

**1 Cobleskill Lucear,Gerhardt, Haag 91’4 ½”**

**2 Schenectady 88’2 ½”**

**3 Albany 79’10½”**

**4 Averill Park 78’ 9“**

**5 Colonie 72’ 7 ½”**

**6 Columbia 70’ 3 ¼“**

 **Discus**

**1 Cobleskill Hantho, Gerhardt, Haag 251’ 3”**

**2 Schenectady 239’ 1”**

**3 Averill Park 213’ 2”**

**4 Columbia 197’ 8”**

**5 Albany 189’ 6”**

**6 Fonda 186’ 7”**

**Frosh/Soph Girls**

 **400 Meter Relay**

**1 Averill Park Carroll, Zimmerman, Jankovic, Harriman 54.1**

**2 Columbia 56.0**

**3 Schenectady 56.2**

**4 Colonie 57.3**

**5 Fonda 57.5**

**6 Albany 58.7**

 **1600 Meter Relay**

**1 Columbia Seely, Stevens, Taveras, Sambrook 4:28.0**

**2 Schenectady 4:35.4**

**3 Averill Park 4:38.2**

**4 Colonie 4:41.9**

**5 Fonda 4:45.9**

**6 Saratoga 4:47.2**

 **Sprint Medley Relay**

**1 Colonie Jackson, Lupe, Garzone, Mormon 1:59.4**

**2 Amsterdam 2:00.6**

**3 Saratoga 2:03.7**

**4 Columbia 2:03.9**

**5 Schenectady 2:06.3**

**6 Averill Park 2:10.5**

 **3 x 100 Meter Hurdles Relay**

**1 Saratoga Powers, Nally, Mevissen 57.7**

**2 Averill Park 58.0**

**3 Schenectady 60.6**

**4 Colonie 60.8**

**5 Albany 62.2**

**6 Fonda 62.6**

 **3 x400 Meter Hurdles Relay**

**1 Saratoga Nally, Piccirillo, Mevissen 4:06.3**

**2 Fonda 4:34.1**

**3 Columbia 4:34.5**

 **Frosh/Soph Boys**

 **400 Meter Relay**

**1 Schenectady Delphin, Robinson,McKinnon, Davis 45.6 MR**

**2 Amsterdam 46.1**

**3 Colonie 46.8**

**4 Albany 49.5**

**5 Columbia 49.7**

**6 LaSalle 50.0**

 **1600 Meter Relay**

**1 Colonie Diaz, Wallace, Genovese, LaSorba 3:43.7**

**2 Amsterdam 3:44.4**

**3 Schenectady 3:46.5**

**4 C.B.A. 4:04.0**

**5 Mohonasen 4:05.0**

**6 Cobleskill 4:06.1**

 **Sprint Medley Relay**

**1 Amsterdam Joyner, Milette, Fernandez, Dzikowicz 1:44.1**

**2 Columbia 1:50.2**

**3 Schenectady 1:50.9**

**4 Albany 1:52.2**

**5 Fonda 1:54.3**

**6 Mohonasen 1:54.4**

 **3 x 110 Meter Hurdles Relay**

**1 Fonda Pearce, Petersen, Hesch 56.6**

**2 Colonie 56.8**

**3 LaSalle 61.0**

 **3 x 400 Meter Hurdles Relay**

**1 Colonie Wallace, LaSorba, Akuoko 3:25.7**

**2 LaSalle 3:36.1**

**3 Fonda 4:03.9**