

Greetings Cross Country Coaches,

We are pleased to announce that Saratoga XC will be holding the Saratoga Cross Country Invitational at Pitney Meadows Community Farm in Saratoga Springs this coming fall. This course offers unique differences from the SPAC Course, and we hope you will take advantage of this opportunity to run fast times against great competition!

The meet will be held the morning of Saturday, October 7, 2023. Our mission is to organize and host a championship quality meet, which will hopefully attract some of the top teams from New York and bordering states. The races will be held on the beautiful Pitney Meadows Community Farm, with mixed surface 5km, 3km, and 2km courses. The course will be run entirely on grass, dirt, and stone dust trail surfaces and spikes are recommended. The course starts with an open field of about 150 meters before the runner's transition onto a wide stone dust perimeter trail. The 5km course will include a stretches of dirt and grass trails and roads, before returning to the stone dust trail for the finishing stretch. There are no road crossings, and the trails are wide and smooth. The course will offer open field viewing of the start and finish areas. The course is primarily flat with some gentle rolling along the trails. This is also spectator friendly, and will offer a laid-back running atmosphere with beautiful scenery, public address, food, and music to participants and spectators alike!

The results will be available online within 15 minutes of the conclusion of each race.

Team awards will be picked up at the "Hay Wagon" where teams can take pictures with their awards. Individual awards will be handed out at the end of the chute.

Medals (Top #10); Ribbons (Places #11-#25) in each race, Modified through Varsity, along with Individual and Team Champion shirts.

We look forward to seeing you and your team and hope you will consider attending our event. Make plans now to enter. The enclosed Registration Form is due by Friday, September 29, 2023.

We will be using MileSplit NY to register for the meet. Email with any questions

Best wishes for a safe and enjoyable XC season in the coming year! See you at the farm.

Sincerely yours,

Shane Zanetti- Head Coach (518-281-1883)

Tom Reilly - Freshman Coach

Ethan Carey- Modified Coach

Cole Harris- Volunteer Asst. Coach

Racing City Track Booster Club

Saturday - October 7, 2022, 10:30 AM Start. Teams can begin arrival at 8:30 AM.
Pitney Meadows Community Farm, 223 West Ave., Saratoga Springs, NY 12866

Location: Across from Saratoga High School (about a 5-minute walk). Bathrooms available on site.

Buses will drop off at the farm, using the secondary entrance closest to the YMCA. They will continue out the primary entrance and park at the high school. There is room for 200 in the parking area at the farm, which is first come first serve. Additional parking is available at the high school and a shuttle will be available.

Team Camps: set up along the trail on the West Ave. side, in the southeast corner of the farm.

Entry Fee: \$175.00 per one team; \$275.00 for both boys' and girls' teams.

Courses: Var/JV course (5km) is rolling and fast, racing entirely on grass and Stone dust trails. Freshman/Modified course (3km Freshman, 2km Modified) will be fast and generally flat.

Concession Area: Vast array of food/drinks. High-quality, t-shirts will be sold.

Teams/Scoring: Teams will score 5 runners out of a possible 7 entered in all races.

Teams may enter a maximum of 7 athletes in the varsity races. The JV, Freshmen, and Modified races will have unlimited entries.

Awards: Team Awards will be given to 1st and 2nd in each race

Individual medals will be awarded to the top 10 in each race. Ribbons will be awarded to 11th-25th place in all races.

Race Schedule:

Michael Pitney Memorial 5km (Community Race)- 9:00

Children's Half Mile Farm Run (Community Race)- 10:00

1. Modified Girls (2km)- 10:30
2. Modified Boys (2km)- 10:50
3. Freshmen Girls (3km)- 11:10
4. Freshmen Boys (3km)- 11:30
5. JV Girls (5km)- 11:50
6. JV Boys (5km)- 12:20
7. Varsity Girls (5km)- 12:50
8. Varsity Boys (5km)- 1:20

****This "Registration Form" must be completed! ****

Teams will need to enter their rosters on the MileSplit NY website by October 5th at 10pm!! Please include all your athletes' full names, gender, and their current grade level, even if they may not run.

****Make checks or school vouchers payable to:**

Racing City Track Club

Send to:

Shane Zanetti

Cross Country Coach

1 Blue Streak Blvd.

Saratoga Springs, NY 12866

This form can be emailed to: s_zanetti@saratogaschools.org

Registration Form Deadline: September 29, 2023

Entries on MileSplit NY Deadline: October 5, 2023 (10pm)

School: _____

Coach: _____

Email: _____

Coach: _____

Email: _____

Coach: _____

Email: _____

School Phone: _____

Cell Phone: _____

Fax #: _____